

# Greater Peterborough Athletics Network

## Youth Endurance Workshop

**Wednesday 27<sup>th</sup> March 2019**

**7pm – 9.30pm**

### Guest Speaker: Matt Long

England Athletics Lead Tutor & contributor to  
Athletics Weekly magazine

Hosted by the GPAN, this workshop has  
three key components:

- An exploration of the long-term athlete development model
- Effective short, medium & term coaching intervention
- Identifying issues specific to coaching youth endurance athletes

**The workshop is a mix of practical & theory**

Venue Details: The Pavilion, Embankment  
Track, Peterborough Regional Fitness and  
Swimming Centre, Bishop's Road,  
Peterborough PE1 5BW

**Open to all members of GPAN Clubs or  
runners thinking of joining a club**



[www.englandathletics.org](http://www.englandathletics.org)

